What is peer counselling?
Collegial counselling enables people to advise each other without professional support. The goals of collegial counselling include:
- Reflection on work situations or voluntary work as well as the development of new possible solutions in a trusting environment.
- Rapid transfer of results into one’s own professional context.
- Experience with self-directed collective forms of learning.

What is new?
Despite the widespread use of peer counselling, there has been little conceptually sound or empirically based research to date. The innovative theory-based concept represents a transfer of the Heidelberg integrative Process Model for counselling. This process model understands person- and organisation-related counselling as the promotion of self-organisation processes in the sense of synergetics and the theories of complex problem solving and encourages reflection in dealing with complexity and innovation.

The pilot project
The guidance format is being developed for face-to-face events as well as for live online settings. For the virtual version, there is the possibility to participate in pilots via Zoom or MS Teams.

Live online meeting 1
October 19, 1400 – 1600
- Introduction to the concept and process of collegial counselling
- First Peer Counselling - Live

Live online meeting 2
November 11, 1400 – 1600
- Further Collegial Counselling - Live
- Evaluation of the concept and feedback

How can you participate?
Participation is free of charge and requires ...
- .... no previous knowledge,
- ... the willingness to bring in your own cases,
- ... presence at both meetings and
- ... the consent to release your own data, such as videographic recordings of the meetings, for scientific use.

Contact
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