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**Disciplining the body and sexuality of Vaishnav widows of Navadwip.**

**ABSTRACT:**

In my research I would try to explore the relationship among diet, sexuality and Body of the Hindu widows residing in temple town of Navadwip, West Bengal, India. The study is significant to explore how body and sexuality of a widow is disciplined through religious and cultural norms. How are identity and symbols of the underlying identity denoted by symbols? a lot of symbolism of identity in our world today is also religious. And a study of difference, stigma associated with that difference and the processes by which people choose to denote identity with symbols, those symbolic identities are stigmatised and yet people choose or are compelled to hold on to those identities would be a study. Some identities are more fixed that we would perhaps like, but those denoted by symbols are in theory easy to shed. But people are very resistant to changing their symbolisms. How do the underlying belief systems resist being shed in the face of persecution, harassment and abuse is area of my interest.

**Keywords:** widows, stigma, identities, symbols, temple town.